

A Channeled Lecture
Presented by
Rev. Ruby I. O'Neal

Seek First the Kingdom of God

By Rev. Ruby I. O'Neal

We are all looking for the easy way out when life presents us with its difficulties. We fail to take time to assess the damage...just think how we can get out of the mess we've gotten ourselves into or someone else has gotten us into. Sometimes we feel hopeless and loss. Instead of looking into ourselves, we look outside ourselves to solve the problem.

Let us suggest that we look to God not just to solve the problem of the moment but to help us live the joy, peace, and the harmony in our lives that he wants for us. The scriptures say, "Seek ye first the Kingdom of God." When we begin on the path of seeking God and putting him first in our lives, oh what a difference our lives will be.

We cannot begin to tell you how wonderful your life will change. Not my will but Thine O Lord. If we can only say this and really mean it. For myself when I finally sought God with all my heart making him a part of my daily life...minute by minute, hour by hour, I began to change. The conditions around me changed. The circumstances around me changed. My aspirations changed. For me, my countenance changed and those around me could see the changes.

God wants for us more than we could want for ourselves because in our small way we think lack and not plenty, we think in terms of darkness and not the light. We think of the negative instead of the positive. We fail to see that in life everything is good simply because God made it. We see the obstacles as a block and not an opportunity. We cry and shed anxious tears thinking that we are alone and that there is no one here for us and no one really care.

Dear one, there are those around and about us that loves us more than we love ourselves. There are those around and about us who instead of feeling sorry for us are helping us up and coaching us on to greater things. They are not there to condemn us, nor ridicule us or tell us, I told you so.

They look at the big picture of our life and not just the moment that we are expressing. They look at where we have been, where we are now and the wonderful potential that lies ahead if we so desire.

You may ask how do I go about it seeking God first. I would suggest to you the same fundamental steps that will be quite easy to follow and incorporate into your day.

1. Start each day with a prayer. It does not have to be a long drawn out prayer for your heavenly Father knows what is in your heart before you speak and he knows what is in your heart before the idea is created in the mind., but because of your free will he allows you to exercise this gift and permit you to express yourself
2. Meet each day as a new beginning. Don't carry old baggage from yesterday. Say to yourself as the scriptures say..."This is the day the Lord has made" be grateful for it. Recognize that this day is very special and that God has given you another opportunity. Don't waste it away with bemoaning yesterday or rushing into tomorrow.
3. Practice the Golden Rule. Do unto others, as you would have others to do unto you. We take these words for granted. We must live them and not just say them. What a difference our world would be. Christ said "judge not" and as we criticize and find fault in others we are only compounding the load we must carry. Know that all the imperfections that you identify in another are in you and or your life. Know that as you set someone up to fail and they fail you can never be glorified in it. Know that you will fail and when you fail it will be ten times worse
4. Never forget to practice the first and greatest commandment: 'Love the Lord thy God with all your heart, with all you soul, with all your might, Take no other gods before the Lord God of your being. The creator of the heavens and earth and secondly love thy neighbor as yourself. Who is your neighbor? Your neighbor is every man, woman, child upon the earth.
5. The bible teaches to pray without ceasing. Know that a prayer is only a breath away.
6. Exercise your faith in God. The bible says it only takes the amount that is the size of a mustard seed and that is very tiny. When we exercise this faith we are letting God know that the power is ours...that within our being He has provided us with all that we need to operate in this plane of existence by merely asking, seeking, and knowing that it shall be and already is.

7. Give God a bit of your time. By this we mean, take time to meditate. When we pray, we are talking to God. When we meditate, we quiet ourselves, and listen to hear the voice of God and his holy angels, with words that will fill the chambers of our subconscious mind. Don't shut him out. Listen and the still small voice will lead you and guide you in all facets of your life.
8. Listen...ears to hear and then obey. Obey the words of God when they fall on your ear. You know when right is right and wrong is wrong...obey. If we would only obey all our problems would seem to disappear as we have the answer right here in our heart.
9. Count your blessings. We are so blessed but we may not recognize it. If you have eyes to see...see. We see ...yet we don't see. We see with eyes that are blurred and looking at the imperfections instead of the eyes of God seeing all the possibilities. Clear your vision and see the God in all things and in all people for it is there. If we only look with the eyes of God. All that God has made is good.
10. Then my dear ones end each day with a prayer, thanking God that you made it through another day. View your day's experience through the eyes of a stranger and if there was a pitfall you fell into that day, tomorrow you will know how to avoid it. If there was a chance you could have spread a bit of good will and missed the opportunity, tomorrow take advantage of it and be the instrument of good of God.
11. Learn to love unconditionally and forgive unconditionally. We hear talk about unconditional love. We will not dwell on this. We want you to focus on forgiving unconditionally. Forgive with a sympathetic attitude. You do not know what this soul is experiencing. You do not know what is in this soul's heart. You do not know if this soul was sent to help you with a lesson that you wanted to learn. You do not know if this soul was sent into your vibration to complete an experience you had in another time and place. Love that soul with the love of God, forgive that soul with the love of God, then thank them and move onward to a lighter finer vibration.
12. Finally...Whatsoever things are true, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report, if there be virtue and if there be any praise, think on these.

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